# March 20th Meditation

Take in the breathtaking view and surrounding nature, with guided meditation by Colleen Langan. Bring a chair or mat / rug.

Time: 6pm Venue: Hanging Rock, Nowra Showground Cost: Free Contact: Colleen 0410460345



New members to the Committee are welcome!



Our Website: shoalhaveniwd.org Our Facebook: Shoalhaven IWD

# History of IWD

International Women's Day (IWD) stemmed from the struggles of working-class women for better pay and conditions, and has been observed since the early 1900's. By then, the English Suffragists had already adopted **G**reen **W**hite and **V**iolet –

**G**ive **W**omen the **V**ote - as the colours for their flag. The banner of IWD helped launch new campaigns for suffrage and equal rights.

In Australia, women were given the right to vote in 1902. However, it was only in 1962 that First Nations people were offered the option to vote, becoming compulsory in 1984.

The Women's Liberation Movement of the early 1970's rallied behind IWD and raised its profile. They expanded the list of demands to include issues like childcare, domestic violence and sexual assault. They brought the colours green, white and violet back into play.

The spirit of this history contains an acceptance that women recognise their differences - class, race/ethnicity, ability, language, sexuality - and united in a call for change, celebrating acts of courage and determination by women.

IWD events proudly supported by:



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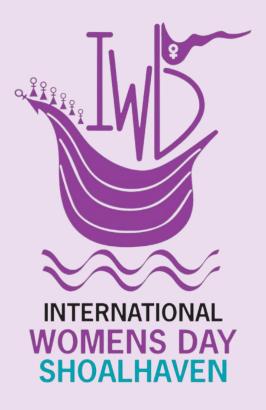
LISA (Lesbians in the Shoalhaven Area)



# March 2024

#### Events in the Shoalhaven

Program of events are presented by



We acknowledge the traditional owners of Country in the Shoalhaven and pay our respects to Elders past, present and emerging.

#### March 2nd Writer's Afternoon

An opportunity for women to gather in a warm and supportive environment to read their work, and to listen.

Light refreshments provided.

Time: 2pm-4pm Venue: Library Meeting Room at Nowra Library Cost: \$5 entry Contact: Andrea 0491012501

#### March 9th Women Performing

We're seeking performers for the opportunity to perform in the company of supportive women. First time performers are encouraged!

To apply to perform, go to the website <u>shoalhaveniwd.org</u> **OR** email <u>shoalhaveniwd@gmail.com</u> for expression of interest.

Tea and coffee provided. BYO drinks and nibbles.

Time: 6:30pm-10pm (7pm start) Venue: Huskisson Community Centre Cost: \$10 entry Contact: Lyn 0439572587



## March 2nd Trivia Night

A fun night out with friends and wear purple! BYO drinks and nibbles. Booking for tables of 6. Tea and coffee provided.

Time: 6pm-9pm Venue: Dunn Lewis Centre, Ulladulla Cost: \$10 entry Contact: Dawn 0439034970

# March 10th

#### Bushwalk

An easy to medium walk of 7kms return. Bring water, snacks, hat, jacket, sunscreen and wear closed-in shoes.

Time: 9:30am for 10am start Venue: Meet at the gate and signboards of Mt Bushwalker trackhead Cost: Free Contact: Ronnie 0408409152



#### Events with cost will be cash only.

### March 3rd Weaving Stories-Making Time

Stitch a small sculpural basket from raffia and found objects. Weave a story. Make some time for you. Please bring a snack, a thermos drink, a chair or picnic mat.

#### Time: 1pm-4pm

Venue: Lyrebird Sports Park (under the trees near Lyrebird Kindergarten, Jervis Sreet, Nowra) Cost: Free (limited spaces) Contact: Lissa 0478193533

## March 16th Women's Dance

Join well-known women's band Which Witch to dance the night away! Bring along your favourite girls and let your hair down for the night!

Tickets will be sold on the night. Tea, coffee and cake provided. BYO drinks and nibbles.

Time: 6:30pm for 7pm start Venue: Tomerong Hall, Tomerong Cost: \$20 entry Contact: Marg 0459153620



Email: shoalhaveniwd@gmail.com Website: shoalhaveniwd.org

All events are for women only.